1. Using the reading Nearly vegetarian? Go flexitarian by Sarah Rainey, ask students to work through the reading and identify the modal verbs, as shown in the example segment below. They should then categorize them in terms of the type of modal ie. logical possibility, permission etc.

Strict vegetarians can be critical of part-timers, accusing them of sitting on the fence. But Ben Martin, a campaigner at Animal Aid, says: "Anything people can do to reduce their consumption of animal products is a good thing and they should try to do it."

Eating less meat has nutritional benefits. Red meat is rich in saturated fats, cholesterol and high in calories (linked to obesity, diabetes and certain cancers), while vegetables contain more fibre, vitamins and minerals. This doesn't, however, mean that you have to cut out meat entirely.

Rainey, S. (2013, January 26). Nearly vegetarian? Go flexitarian. *Phoenix Star*

