

VInt Introductory Activities

Text Type: Reading

Week: 3

Title: Nearly vegetarian? Go flexitarian

Author/Speaker: Sarah Rainey

Pre-Reading Discussion Questions:

1. Are you a vegetarian? Have you ever tried to be one? Do you know anyone who is?
2. What are some reasons why people may choose to follow a vegetarian diet?
3. What are some reasons why people find it hard to follow a vegetarian diet?
4. If you were to become vegetarian, what food would you miss the most?

Vocabulary Preview:

Word	Sentence in the text	Meaning	Your own sentence
vegetarian (N)			
exotic (adj)			
barrier (N)			
surge (N)			
scoff (V)			
seismic (adj)			
notable (adj)			
critical (adj)			
consumption (N)			
controversy (N)			
scandal (N)			
annoyed (adj)			