



(Mental Health)

Abbreviations – Mental Health

Instructions

Type the abbreviation found in the listing below. Alternatively, the words could also be written out on a plain sheet of paper. Translate the abbreviation and then define the abbreviation in your own words. In the document, be sure to number each abbreviation.

Example

AIDS acquired immunodeficiency syndrome - chronic immune system suppression caused by human immunodeficiency virus (HIV) infection

Abbreviation List:

1. ADL
2. BD or BP
3. BDD
4. CBT
5. DSM-5
6. DTs
7. ECT
8. GAD
9. ICD
10. ID
11. OCD
12. ODD
13. PD
14. PTSD
15. SAD