

SAFE BEHAVIOUR ON THE JOB



- Clean up spills as soon as they occur

Learn to operate equipment properly; always use guards and safety devices



- Wear clothing that fits properly; avoid wearing jewelry, which may get caught in equipment



- Walk, do not run

Keep exits, aisles and stairs clear and unobstructed

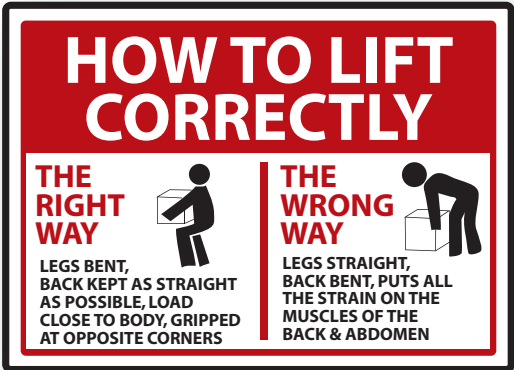
- Use knives and other equipment for their intended purpose only



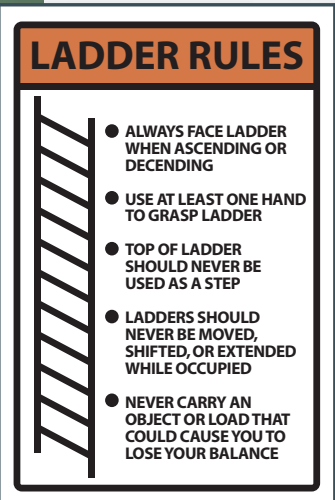
- Always assume a pot or pan is hot; handle with dry towels
- Position pot and pan handles out of the aisles so they do not get bumped

Get help or use a cart when lifting or moving heavy objects

Avoid back injury by lifting with your leg muscles; stoop, do not bend, when lifting



- Use a well placed ladder or stool for climbing; do not use a chair, box, drawer or shelf



- Keep breakable items away from food storage or production areas

- Warn people when you must walk behind them, especially when carrying a hot pan

