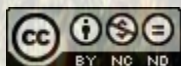


Indigenous Healthcare Education and Practice: Applying Digital Teaching and Learning Resources to the TRC's Calls to Action

A Community-Led and Community-Informed Collaborative Initiative



©2022. This work is licensed under a [CC BY-NC-ND 4.0](https://creativecommons.org/licenses/by-nc-nd/4.0/) license

TABLE OF CONTENTS

INTRODUCTION TO DIGITAL TEACHING AND LEARNING RESOURCES	4
Project Purpose	4
Project Goals	4
Project Themes	4
Project Digital Content Output.....	5
ONLINE MODULES.....	5
Module 1: Historical Perspectives of Indigenous Peoples in Canada and Implications for Health Outcomes.....	5
Module 2: Biases, Racism, and Discrimination in Healthcare.....	6
Module 3: Indigenous Ways of Knowing and Healthcare.....	6
Module 4: Healthcare Rights	7
Module 5: Healthcare Services.....	7
Module 6: Culturally Safe Healthcare.....	8
Module 7: Intersections between Education and Healthcare.....	8
INDIGENOUS HEALTHCARE EDUCATION AND PRACTICE: SUPPLEMENTARY MODULE RESOURCES	9
1) Supplementary Digital Resources	9
2) Supplementary Glossary	9
INDIGENOUS ARTWORK.....	10
1) Lindsay Brant & Colson Brumwell.....	10
2) Lindsay Brant & Mance Granberg.....	10
3) Jaylene Cardinal.....	10
4) Jamaica Cass.....	11
5) Michael “Cy” Cywink.....	11
6) Christarr Smillie.....	11



VIDEO CLIP INTERVIEWS	12
Shalisa Barton.....	12
Bailey Brant.....	12
Dr. Sarah Funnell	12
Jack Moher	13
Dr. Jason Pennington.....	13
Yolanda Wanakamik.....	14
ACKNOWLEDGEMENTS	15
Authors, Artists, and Contributors.....	15
<i>Modules and Supplementary Material</i>	15
<i>Artist Work</i>	15



INTRODUCTION TO DIGITAL TEACHING AND LEARNING RESOURCES

Project Purpose

Guided by the Truth and Reconciliation Commission of Canada's (TRC) Calls to Action on healthcare education and drawing on notions of cultural safety, decolonization, Equity, Diversity, Inclusion, and Indigeneity (EDII), the aim of this project was to create an interactive digital collection that translates the TRC's Calls to Action into strategies that can be implemented in meaningful, accessible, practical, and culturally appropriate ways within healthcare education and practice. The educational resource is designed for healthcare learners to provide them with strategies for applying the content in their educational study and future healthcare practice.

Project Goals

1. Close the education gap between the (TRC)'s Calls to Action and healthcare education and practice.
2. Improve the healthcare quality for Indigenous peoples.
3. Apply the TRC's Calls to Action that relate to postsecondary healthcare education and practice for healthcare learners
 - Education: 10 i, ii, iii, iv, vii;
 - Health: 18, 19, 20, 21, 22, 23, 24; and
 - Education for Reconciliation 62 ii, 63 ii, iii, iv.
4. Develop a digital educational collection to support the application of the TRC's Calls to Action into practice.
5. Ensure sustainability by implementing a community-led and informed project.

Project Themes

1. Historical Perspectives of Indigenous Peoples in Canada and Implications for Health Outcomes
2. Biases, Racism, and Discrimination in Healthcare
3. Indigenous Ways of Knowing and Healthcare
4. Healthcare Rights
5. Healthcare Services
6. Culturally Safe Healthcare
7. Intersections between Education and Healthcare



Project Digital Content Output

1. Seven online modules that address each of the seven project themes
2. Supplementary digital resources
3. Six pieces of artwork that address represent one or more of the seven project themes created by Indigenous artists
4. Interview video clips of individuals recounting and addressing one or more of the seven project themes.

ONLINE MODULES

Module 1: Historical Perspectives of Indigenous Peoples in Canada and Implications for Health Outcomes

Theme	Historical Perspectives of Indigenous Peoples in Canada and Implications for Health Outcomes
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/perspectives-and-implications-for-health-outcomes
Overall Content	<ol style="list-style-type: none">1. Healthcare disparities between Indigenous Peoples and non-Indigenous Canadians.2. How laws and treaties have contributed to health determinants for Indigenous Peoples in Canada3. Examples of the intergenerational impacts of the injustices against Indigenous Peoples4. Ways to address and eliminate the disparities existing in Canadian healthcare, including self-government and activism.
Learning Objectives	By the end of this module, learners will be able to: <ul style="list-style-type: none">• Describe the connection between historical and current government policies and actions toward Indigenous Peoples (including but not limited to colonization, residential schools, treaties, and land claims) and the resulting intergenerational health outcomes.



Module 2: Biases, Racism, and Discrimination in Healthcare

Theme	Biases, Racism, and Discrimination in Healthcare
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/biases-racism-and-discrimination-in-healthcare/
Overall Content	<ol style="list-style-type: none">1. Ways that different manifestations of racism, biases, and discrimination impact the lives and health of Indigenous Peoples2. Tools, understandings, and practical strategies to decolonize healthcare practices
Learning Objectives	By the end of this module, learners will be able to: <ul style="list-style-type: none">• Identify implications of unconscious bias and stereotyping in cross-cultural interactions.• bullet Assess and address the role of racism (interpersonal, systemic, and epistemic) in differential access to healthcare.

Module 3: Indigenous Ways of Knowing and Healthcare

Theme	Indigenous Ways of Knowing and Healthcare
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/indigenous-ways-of-knowing-and-healthcare
Overall Content	<ol style="list-style-type: none">1. The importance of language, culture, and land in Indigenous Peoples' health and well-being2. Traditional medicine and healing practices, and how these can be integrated with Western medicine practices
Learning Objectives	By the end of this module, learners will be able to: <ul style="list-style-type: none">• Describe languages that are part of your local Indigenous communities, including how they surface within education and how they are referenced.• Articulate the connection between language and land. Explain the purpose of an Aboriginal Healing Centre. Examine how Indigenous health centres are defined across the country.• Describe the role and importance of an Elder, Knowledge Keeper, and/or Indigenous Rights Holder.• Recognize what Indigenous knowledge means for people in the healthcare field.



Module 4: Healthcare Rights

Theme	Healthcare Rights
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/healthcare-rights
Overall Content	<ol style="list-style-type: none">1. The rights of Indigenous Peoples and how these rights pertain to healthcare2. Strategies to address disparities and implement these rights in a healthcare context
Learning Objectives	<p>By the end of this module, learners will be able to:</p> <ul style="list-style-type: none">• Describe the four key themes of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) and how they link to health outcomes.• Recognize and implement the healthcare rights of Indigenous Peoples as identified in international law, constitutional law, and under the Treaties.• Understand Indigenous Peoples' right to traditional medicines, health practices, and the right to access all social and health services without discrimination.

Module 5: Healthcare Services

Theme	Healthcare Services
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/healthcare-services
Overall Content	<ol style="list-style-type: none">1. Historical and modern-day barriers, disparities, and risks associated with access to health services2. The effects of laws, acts, and policies in healthcare3. The non-insured health services and benefits (NIHB) program4. Strategies to promote positive change for Indigenous healthcare.
Learning Objectives	<p>By the end of this module, learners will be able to:</p> <ul style="list-style-type: none">• Identify the differences in health needs and provision of healthcare.• Describe the various health services that are delivered to Indigenous Peoples and how multi-jurisdictional healthcare (federal, provincial, regional) can increase the risk of critical



	<p>incidents, adverse events, medication errors, administrative barriers, and/or interruptions in the continuity of care.</p> <ul style="list-style-type: none"> • Describe the differences in provincial healthcare, federal healthcare, and community organizations that deliver healthcare on and off reserves . • Articulate the diversity of access to federal NIHB for First Nations (Status and non-Status), Métis, and Inuit.
--	---

Module 6: Culturally Safe Healthcare

Theme	Culturally Safe Healthcare
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/culturally-safe-healthcare-and-education
Overall Content	<ol style="list-style-type: none"> 1. Culturally safe healthcare and what this means for Indigenous Peoples in Canada 2. Barriers to accessing healthcare professional education 3. Continuum of care that goes from cultural awareness to cultural safety
Learning Objectives	<p>By the end of this module, learners will be able to,</p> <ul style="list-style-type: none"> • Describe respectful discussion and collaboration regarding the use of traditional health practices. • Identify barriers to pathways to enter the field as healthcare professionals. • Create safe clinical and learning environments through cultural training, safety, humility, trauma- and violence-informed care, and anti-racist healthcare practices.

Module 7: Intersections between Education and Healthcare

Theme	Intersections between Education and Healthcare
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/intersections-between-education-and-healthcare
Overall Content	<ol style="list-style-type: none"> 1. Funding gaps for Indigenous programs and services, including elementary, secondary, and post-secondary



	<p>2. How caps on education funding have created greater gaps over time</p> <p>3. False beliefs surrounding Indigenous students' education funding</p>
Learning Objectives	<p>By the end of this module, learners will be able to:</p> <ul style="list-style-type: none"> • Describe the difference between federal and provincial education (significant funding gap). • Investigate and assess the insufficient funding challenges for Indigenous students (stereotypes in this area need to be addressed). • Assess educational attainment levels and outcomes (implications pathway is longer and more varied).

INDIGENOUS HEALTHCARE EDUCATION AND PRACTICE: SUPPLEMENTARY MODULE RESOURCES

1) Supplementary Digital Resources

- See PDF in digital resource package

2) Supplementary Glossary

- See PDF in digital resource package



INDIGENOUS ARTWORK

1) Lindsay Brant & Colson Brumwell

Artists	Lindsay Brant & Colson Brumwell
Community	Mohawks of the Bay of Quinte Band, Tyendinaga Mohawk Territory
Title of Piece	Grounded in Peace
Medium	Mixed Media
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/art



2) Lindsay Brant & Mance Granberg

Artists	Lindsay Brant & Mance Granberg
Community	Lindsay Brant: Mohawks of the Bay of Quinte Band, Tyendinaga Mohawk Territory Mance Granberg: Cowasuck Band of the Pennacook Abenaki People
Title of Piece	Encircle the Tree
Medium	Mixed Media
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/art



3) Jaylene Cardinal

Artist	Jaylene Cardinal
Community	Saddle Lake Cree Nation
Title of Piece	The Indigenous Ways of Healing
Medium	Painting
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/art



4) Jamaica Cass

Artist	Jamaica Cass
Community	Mohawks of the Bay of Quinte
Title of Pieces	1. A Colourful Mind 2. Mind, Body, Spirit
Medium	Beadwork
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/art



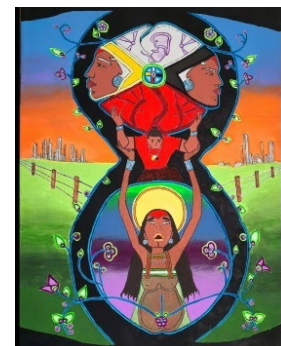
5) Michael "Cy" Cywink

Artist	Michael "Cy" Cywink
Community	Wiikwemkoong Unceded Territory on Manitoulin Island
Title of Piece	It is What it is
Medium	Painting
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/art



6) Christarr Smillie

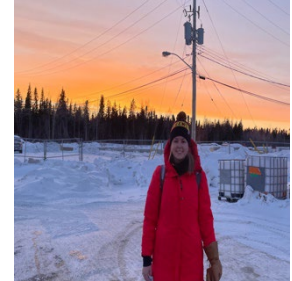
Artist	Christarr Smillie
Community	Afro-Indigenous - Anishinaabe, Métis
Title of Piece	Intergenerational Healing
Medium	Painting
URL	https://healthsci.queensu.ca/sites/opdes/files/modules/eCampus-TRC-CTA/art



VIDEO CLIP INTERVIEWS

Shalisa Barton

Project Theme	Title	URL
Historical Perspectives and Implications for Health Outcomes	What learners can do to support healthcare rights of Indigenous Peoples	https://player.vimeo.com/video/677861320?h=900d8254fd
Healthcare Services	Practical strategies to support healthcare rights	https://player.vimeo.com/video/677863211?h=14b4d39eac



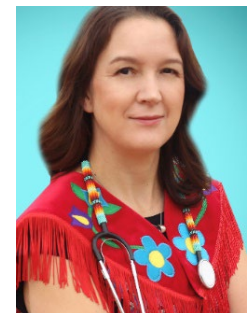
Bailey Brant

Project Theme	Title	URL
Culturally Safe Healthcare	Culturally Safe Care	https://player.vimeo.com/video/675938174?h=9ec1facfce



Dr. Sarah Funnell

Project Theme	Title	URL
Historical perspectives and implications for health outcomes	Climbing the TRC Mountain	https://player.vimeo.com/video/677948490?h=e1fd97bc1b
Culturally Safe Healthcare	Importance of Culturally Safe Care	https://player.vimeo.com/video/677957091?h=bea5ce0aa5



Jack Moher

Project Theme	Title	URL
Culturally Safe Healthcare	Culturally Safe Healthcare	https://player.vimeo.com/video/666782829?h=57f7776ee7
Historical Perspectives and Implications for Health Outcomes	Advice to Faculty	https://player.vimeo.com/video/666807116?h=de887dca94
Biases, Racism, and Discrimination in Healthcare	Advice on Addressing Biases	https://player.vimeo.com/video/666820546?h=38b749b548



Dr. Jason Pennington

Project Theme	Title	URL
Historical Perspectives and Implications for Health Outcomes	Advice	https://player.vimeo.com/video/666816182?h=438bdf5142
Biases, Racism, and Discrimination in Healthcare	Culturally Safe Care and Self-Reflection	https://player.vimeo.com/video/666826389?h=dc39797ea2
Indigenous Ways of Knowing and Healthcare	Language, Culture, and Land	https://player.vimeo.com/video/667471642?h=aedc6a4207
Indigenous Ways of Knowing and Healthcare	Creating a Welcoming Space	https://player.vimeo.com/video/667489432?h=76afa793f4



Yolanda Wanakamik

Project Theme	Title	URL
Healthcare Services	Understanding Policies and Health Outcomes	https://player.vimeo.com/video/677201167?h=0312aaad66
Historical Perspectives and Implications for Health Outcomes	Addressing the Calls to Action	https://player.vimeo.com/video/677204896?h=1e79dcf1a9
Culturally Safe Healthcare	Considerations for Cultural Safety	https://player.vimeo.com/video/677208497?h=6cdb87206



ACKNOWLEDGEMENTS



Authors, Artists, and Contributors

Modules and Supplementary Material

Shalisa Barton	William Horton	Wendy Phillips
Bailey Brant	Portia Kalun	Douglas Smiley
Lindsay Brant	Gracie Kehoe	Mary Smith
Rachel Burger	Stephen Kelly	Stephen Sparks
Nicholas Cofie	Laura Kenealy	Denise Stockley
Holly Crowson	Klodiana Kolomitro	Jenny Stodola
Nancy Dalgarno	Michelle Krezonoski	Jennifer Turnnidge
Mikaila Da Silva	Joseph Leblanc	Giselle Valarezo
Leslie Flynn	Joeline Lim	Richard van Wylick
Sarah Funnell	Lorrilee McGregor	Sarita Verma
Natalie Graham	Trinidad Mena	Sarah Wickett
Brian Hallam	Jack Moher	Yolanda Wanakamik
Janice Hill	Jeanne Mulder	
Bryn Hoffman	Jason Pennington	

Artist Work

Lindsay Brant	Michael Cywink	Georgina Riel
Colson Brumwell	Nancy Dalgarno	Christarr Smillie
Jaylene Cardinal	Jenny DeBruyn	Aaron St. Pierre
Jamaica Cass	Mance Granberg	Giselle Valarezo

Thank you to all those individuals and teams who assisted in the development and evaluation of these educational resources.



©2022. This work is licensed under a [CC BY-NC-ND 4.0](https://creativecommons.org/licenses/by-nc-nd/4.0/) license.